

welcome helping hand.

ESCCI needs caring, friendly, concerned volunteers to support our program services for less active, less mobile seniors. Direct support opportunities in the Outer Cape are packing and delivering meals to homebound, assisting in our Senior Dining Centers, visiting an isolated or lonely neighbor, doing shopping errands, lending handy skills and making a reassuring telephone call.

Money Managers or Ombudsman volunteers can be trained at no cost to assist elders in stabilizing and maintaining their monthly living expenses, acting as citizen advocates for residents of Long Term Care Facilities.

Contact: Katherine Wermier, Volunteer Coordinator

**Girl Scout Council Of Southeastern Massachusetts: 508-242-0925**  
( [www.gscsm.org](http://www.gscsm.org) )

From the Middleboro headquarters, girl Scout council of Southeastern Mass. supports 17,000 girls and 3,000 adult members throughout Southeastern mass. - including Cape Cod and the Islands. Troop team leaders, product sales managers, trainers, presenters, summer camp counselors and helpers are needed.

Contact: Marcia Picard, ext. 41

**Massachusetts Society For The Prevention Of Cruelty To Children**

( [www.mspsc.org/html/KidsNet/Default.htm](http://www.mspsc.org/html/KidsNet/Default.htm) ): **800-272-9722**

MSPCC provides meaningful programs designed to prevent child abuse and neglect. It also provides treatment for victims of abuse and programs designed to strengthen families. Volunteers are needed on Cape to provide service, advocacy and help raise needed resources for safe and healthy children.

Contact: Mary Avery Gessner, 375-6488

Nancy Roberts, Regional Director of Volunteers for Cape & Islands: Call 800#

(Elder Services of Cape Cod & the Islands)

**America Counts and America Reads: 1-800-244-4630, ext 158**

Sponsored by the Senior Service Corps of Elder Services of Cape Cod & Islands, Inc. RSVP volunteers age 55 and older needed to become literacy and math coaches in Brewster/Eastham elementary schools. Part of a nation-wide effort that really makes a difference.

Contact: Virginia Duffy, VISTA Coordinator.

**All Areas**

**Senior Service Corps of Elder Services of Cape Cod & Islands, South Dennis: Includes the Retired & Senior Volunteer Program, VISTA, and AmeriCorps. 1-800-244-4630, ext 111 or 177**

Elder Services of Cape Cod and the Islands is a community based, private non profit organization dedicated to promoting the welfare, enhancing the quality of life and maintaining the dignity of older citizens.

Linking seniors with Access, Services and Advocacy is our business, volunteers join us providing a

## **Boy Scouts of America, Yarmouthport: 508-362-4322**

This organization relies heavily on its volunteers. It is always looking for people to serve as Merit Badge counselors in subjects ranging from atomic energy to zoology. It also runs a summer camp on 300 acres here on the Cape and welcomes people who are willing to help with such tasks as carpentry, electrical work or maintenance. The Scouts are always looking for people to lead scouting groups of all ages in towns all over the Cape.

Web Site: [www.scoutscapecod.org](http://www.scoutscapecod.org)

Contact: Mike Riley

## **Cape Cod Hospital, Hyannis: 508-771-1800 or 508-862-5259** ( [www.capecodhealth.org](http://www.capecodhealth.org) )

Cape Cod Hospital was incorporated in 1919 and opened for patients in 1920. It has continued to expand over the years to meet the needs of the Cape's residents and visitors. The Volunteer Department is dedicated to providing the highest quality of service and support and is committed to providing compassionate, well trained and resourceful individuals offering quality assistance and customer satisfaction. Volunteers are needed to transport patients, perform clerical work, staff the gift shop, run errands, assist in the nursing units, participate in the chaplaincy program and assist at the information desk.

Contact: Judy Kennedy, director of volunteers

## **Cape Symphony Orchestra: 508-362-111** ( [www.capesymphony.org](http://www.capesymphony.org) )

Volunteers for the Symphony are all members of the Friends of the Cape Cod Symphony for which there is a membership fee. They help with mailings, sorting, general office work as well as ushering at concerts and fund raising activities.

## **Cape Museum of Fine Arts, Dennis: 508-385-4477** ( [www.cmfa.org/hours.html](http://www.cmfa.org/hours.html) )

The Museum offers many volunteer opportunities including receptionist on the front desk, program coordination, office help, help with educational programs, docent training (for tours throughout the galleries) and fund raising. The Museum participates in the RSVP Program through Elder Services as well.

Contact: Ann Long

Contact: Joan Coughlin 508-349-2216 or Lucille Currier 508-349-9757.

**Wellfleet Library : 508-349-0310**

( [www.wellfleetlibrary.org](http://www.wellfleetlibrary.org) )

Volunteers are needed to help with the shelving of books as well as book repair. There is also a need for someone to help with the rotating collection of library books at the Senior Center.

Contact: Elaine McIlroy, Director

**Wellfleet Town Hall : 508-349-0300**

( [www.wellfleetma.org/Home](http://www.wellfleetma.org/Home) )

Volunteers are needed to serve on the town's committees, commissions and boards.

Contact: Administrative Office, 300 Main St., Wellfleet

## Others

**Big Brothers Big Sisters of Cape Cod, Centerville: 508-771-5150  
or 508-255-9445**

This organization matches adults to children in need of positive role models and mentors. You must be able to make a 1-year commitment to work with a child and be a permanent resident of Cape Cod. Volunteers are screened very carefully and go through a thorough orientation. Adults work several hours a week with their child. There are approximately 400 needy children on the Cape, the majority of whom are boys in need of adult male role models.

Contact: Dick Hilmer, Program Director, Lower Cape: 508-247-9107

**Boys and Girls Club of Cape Cod, Mashpee: 508-477-8845**

( [www.boysgirlsclubcapecod.org](http://www.boysgirlsclubcapecod.org) )

Their new facility is up and running. Currently it needs help running programs, tutoring and giving one-on-one attention in such activities as cooking, computers, arts and crafts or just shooting baskets in the gym.

Contact: Ruth Prost, Executive Director

- 6) Ecological Management: People needed to take inventories and to monitor species.
- 7) "Pond Watchers Program": Volunteers needed to inventory insects, etc.
- 8) Monitors: People needed to monitor wildlife and shorebirds, including the hawk watch and sea turtle patrol in the fall.
- 9) Day Camp: Volunteers needed to assist instructors.
- 10) Special Events: Volunteers needed to help set up and carry out events such as the Halloween Haunted House.

Contact: Maryann Zbel

### **Wellfleet Council on Aging: 508-349-2800**

The Wellfleet Council on Aging is located at 95 Lawrence Road in Wellfleet. They rely heavily on their volunteer force and service approximately 50 senior citizens on a regular on-going basis. More volunteers are always welcome. Duties would include delivering Meals on Wheels, helping at the congregate lunch site and working in the office. They also need people to serve as Friendly Visitors. They are planning to begin classes on computer skills and would love to have anyone who feels they could help in this area.

Contact: Jackie Wildes, Director or Linda Balch

### **Wellfleet Elementary School : 508-349-3101**

( [www.nausetschools.org/wellfleet](http://www.nausetschools.org/wellfleet) )

This charming little school teaches students in grades K - 5. It is always looking for volunteers to help in the library shelving books and cataloging. Twice a year the school sponsors a program specifically designed for students to mingle with community members, and volunteers are invited to come and share their time and expertise in such varying activities as cooking, woodworking and chess. Anyone with a particular hobby that they would like to share is welcome. The program is extremely flexible. There is also a Read Aloud program in March where volunteers can share a good book with some newfound little friends.

Contact: Janet Ferro

### **Wellfleet Harbor Actor's Theatre (WHAT) : 508-349-6835**

( [www.what.org](http://www.what.org) )

This innovative theatre group welcomes volunteers for the duties of ushering at the plays and helping with production. This will entitle you to see the play for free.

Contact: Mitch

### **Wellfleet Historical Society Museum : 508-349-2216**

( <http://www.wellfleethistoricalsociety.com/> )

Volunteers are welcome and much appreciated to host the Museum either on a regular basis or as a substitute when the Museum is open to the public from the last week in June through the first week in September. Come and enjoy stepping back in Wellfleet time and sharing your interest in the town with visitors. The Museum is open Tuesday and Friday from 10 AM - 1 PM, and Tuesday through Saturday from 1 - 4 PM. And on Saturday and Sunday of the Oyster Festival (the weekend after Columbus Day).

educational, archival and research projects. Volunteers are needed for several kinds of activities such as trail maintenance, beach clean-ups, beach campfires, mailing preparation, flyer distribution, and assisting park staff with plant ecology studies, bird monitoring, surveys, and water quality monitoring.

Contact: Judy Parmelee, Volunteer Coordinator  
Phone: 508-349-3785 ext. 402  
Email: [volunteer@fccns.org](mailto:volunteer@fccns.org)

**Hospice of Cape Cod : 508-362-1103**  
**( [www.hospicefed.org/hospice\\_pages/cape.html](http://www.hospicefed.org/hospice_pages/cape.html) )**

Hospice of Cape Cod is a patient management organization that began as a volunteer philosophy and is now a medical model eligible for Medicare funding. Its main focus is to assist terminally ill patients and their families through difficult times and to make everyone concerned as comfortable as possible. There are two areas in which volunteers are needed:

- 1) Patient volunteers to assist the patient and the family by helping with various chores and tasks. Tasks range from grocery shopping, to transportation or to just sitting with the patient and providing companionship. Volunteers on this level must fill out a detailed application. They are carefully screened and then well prepared with multiple training sessions. It is not the type of volunteer job that is for everyone, but if it is for you, it can be a most rewarding experience. Volunteers report a tremendous sense of satisfaction and feel honored to be invited into someone's home to lend a helping hand at such a meaningful time.
- 2) Volunteers for office work (there are three main offices on the Cape) and to work in their Thrift Shop located in a charming old ham in Barnstable. They also need volunteers to help with special events, fund raising and the annual auction. On a more clinical level, anyone with any medical record experience is encouraged to call if they would like to help set up the new reference room.

Contact: Polly Dana-Schumaker

**Wellfleet Bay Wildlife Sanctuary of the Massachusetts Audubon Society**

( [www.wellfleetbay.org](http://www.wellfleetbay.org) ): 508-349-2615

Wellfleet Bay Wildlife Sanctuary is located off of Route 6, approximately 2 miles north of the Eastham/Wellfleet town line. It is a 1,000-acre nature preserve of the Massachusetts Audubon Society. There are 5 miles of hiking trails through fields and woods that lead to salt marshes, creeks, ponds and beach. Volunteers are needed in the following areas:

- 1) Office work: People needed year round in 4-hour shifts to help with administrative and office duties such as admissions, the reception desk and the gift shop.
- 2) Nature Trails and Grounds: Volunteers needed for maintenance.
- 3) Butterfly Garden: Volunteers needed for planting and maintenance.
- 4) Adopt a Highway Project: Workers needed for litter patrol
- 5) Marine Life Cruise Data Collection: Monitors needed to keep records of species and specimens brought on board April through November.

## **Orleans Town Hall : 508-240-3700**

( [www.town.orleans.ma.us](http://www.town.orleans.ma.us) )

There are over 20 boards, committees and commissions in Orleans actively seeking volunteer help. To qualify to serve, you must be a taxpayer or resident of Orleans. Applications are available at the Board of Selectmen's Office, Town Hall, 19 School Road.

Contact: Maryanne Peters, extension 313

## **Snow Library : 508-240-3760**

( [www.snowlibrary.org](http://www.snowlibrary.org) )

Snow Library needs volunteers to shelve books and to do shelf reading (checking to be sure that books are correctly placed on the shelves). Volunteers also visit several sites, such as nursing homes, to make group deliveries of books. Some volunteers serve as readers or "book buddies" to nursing home residents. The Friends of the Snow Library conduct the book sales and produce a newsletter.

Contacts: Mary Reuland, Director



## **Cape Cod National Seashore Park Headquarters : 508-349-3785**

( [www.nps.gov/caco](http://www.nps.gov/caco) )

The Cape Cod National Seashore Park Headquarters are located in the Marconi Station area in South Wellfleet, MA. The staff oversees the 40 miles of coastline, marshland, glacial cliffs and dense forest that make up the 44,000-acre Cape Cod National Seashore Park. Thanks to President John F. Kennedy's foresight, this national treasure has remained in its natural state. Volunteers are needed for the information desks at the Provincetown Visitor Center and the Salt Pond Visitor Center in Eastham, located directly off of Route 6. Training is provided to volunteers interested in conducting house tours and open houses in one of the Park's historic structures, such as the Captain Penniman House, the Atwood Higgins House and the Three Sisters Lighthouses. Volunteers also serve as natural resource monitors out in the field, work in the library and the museum, or lend their computer skills to help in the offices. There are many volunteer opportunities, and the administration will do everything possible to accommodate those with particular interests.

Contacts: Frank Ackerman, ext 231 (Headquarters)

Walter Morey or Sue Haley (Salt Pond, Eastham) 508-255-3421

## **Friends of the Cape Cod National Seashore : 508-349-3785 ext. 402**

( [www.fcens.org](http://www.fcens.org) )

This is a non-profit organization of caring individuals who have a very special love and respect for this beautiful National Park. Activities focus on environmental, cultural, preservation, educational and recreational projects. The Friends also provide volunteers for conservation and preservation activities, publicize issues that affect Seashore resources and manage funds that contribute to

## **Orleans Council on Aging: 508-255-6333**

( [www.capeandislandscoas.org/orleans.html](http://www.capeandislandscoas.org/orleans.html) )

The Orleans Council on Aging (COA) provides assistance, information, health services and recreation opportunities to all Orleans seniors. Volunteers are needed for the Meals on Wheels programs and to help serve the congregate lunches. Also needed are participants in the Intergenerational Program, where senior volunteers tutor elementary, middle and high school students in reading skills. Other volunteer activities include office work, newsletter preparation, and helping with special activities, such as birthday parties.

Contact: Cynthia May or Betty Smith 508-255-6333

The council also sponsors the following programs:

### **Orleans Friendly Visitor Program: 508-255-6333**

This is one of the largest programs that the COA runs, and it requires many volunteers. Its purpose is to enrich the lives of Orleans seniors who are homebound. Visitors spend an average of 1 hour a week visiting a shut-in and providing companionship and friendship. No special skills are required and COA will train and support volunteers interested in this important outreach effort.

Contact: Sandy Chernick

## **Orleans Elementary School : 508-255-0380**

( [www.oeselem.org](http://www.oeselem.org) )

The Orleans Elementary School serves students from preschool to grade 5. Volunteers are particularly needed to assist in art classes and in the school library.

Contact: Ann Tefft, Secretary

## **Orleans Historical Society: 508-240-1329**

The Orleans Historical Society maintains a museum dedicated to the preservation of Orleans history through the collection, preservation and exhibition of objects, photographs, documents and art work pertaining to Orleans in particular and lower Cape Cod in general. Volunteers are needed to accomplish many tasks, such as creating computer-generated exhibit labels, reading documents to prepare research aids, doing data entry, constructing displays, performing historical research, transcribing documents, preparing collection records and acting as museum guides. Training will be provided.

Contact: Carolyn Dowd

**Nauset Regional Middle School: 508-255-0016**  
( [www.nausetschools.org/nrms](http://www.nausetschools.org/nrms) )

Nauset Regional Middle School serves students from Brewster, Eastham, Orleans and Wellfleet in grades 6 to 8. Volunteers are needed to help out in the library and to assist in special activities, such as art projects, musicals and the drama club.

Contact: Michael Leugets, Guidance Counselor

**Nauset Together We Can Prevention Council, Inc.: 508-240-0228**

Nauset Together We Can is a network of concerned individuals, organizations, and businesses working in partnership to strengthen and support the youth of the Nauset area, with an emphasis on reducing and preventing tobacco, alcohol, and other drug abuse. It is involved in two major youth projects: the Juice Bar, which includes a homework center and a cyber cafe as well as facilities for activities such as concerts and dances, and the Skateboard Park. Volunteers are needed for fund raising and membership recruitment and to help out at the Juice Bar.

Contact: Dave or Chris King: 508-240-0228

**Orleans Chamber of Commerce : 508-255-1386**  
( [www.capecod-orleans.com](http://www.capecod-orleans.com) )

The Chamber of Commerce sponsors events and activities in Orleans each year, such as "Pops in the Park," "Fall for Orleans," the 4th of July parade and Christmas activities (Santa, a decorating contest and a candlelight stroll). It also staffs the Orleans Visitor Center and publishes an annual map and guide. Volunteer help would be appreciated for any of the seasonal activities, as well as in the visitor center and office.

Contact: Kyle Hinkle, Executive Director: 508-255-7203

**Orleans Convalescent and Retirement Center: 508-255-2328**

Volunteers are especially needed to provide one-on-one contact with the residents by reading, writing letters for them or running short errands. Help is also needed with group activities such as coffees, card games or artwork. Anyone who can play an instrument or lead in singing would also be appreciated.

Contact: Irene Miller 508-255-2328

## **FISH Volunteer Services: 508-255-2724**

Nauset Region FISH, a free medical transportation service for Brewster, Eastham, Orleans and Wellfleet run by volunteers, needs more **drivers** and **telephone** volunteers. Drivers use their own cars, are covered by insurance, and drive no farther than Hyannis. They choose the day or days to serve. Telephone volunteers serve from home to contact drivers one day a month. If you can help out with this important service, or would like more details, please call:

Contacts: 1-800-244-4360  
June Meekel: 508-255-9399

## **Interfaith Council for the Homeless of Lower Cape Cod: 508-255-9667** ( [www.homelessonline.org](http://www.homelessonline.org) )

This organization's focus is on preventing homelessness. Its mission is to provide case management with respect to housing issues, budgeting, and referrals for counseling for the homeless and those at risk of becoming homeless. Volunteer mentors provide follow-up. Volunteers are also needed to serve on the Council and attend meetings once a month, to answer the telephone, help with furniture referrals and assist in fund raising.

Contact: Danielle Langston, Volunteer Coordinator

## **Lower Cape Outreach Council: 508-240-0694** ( [www.lcoutreach.org](http://www.lcoutreach.org) )

The Lower Cape Outreach Council (LCOC) provides emergency food, clothing, utility and rent or mortgage assistance, and health assistance to residents of the Lower Cape temporarily outside the reach of public assistance. LCOC oversees eight food pantries for distribution of food to those in need. Volunteers are needed to serve on its committees, particularly for fund raising and development. They are also needed to work in the office and in Katie's Comer, a free clothing shop run by LCOC, and to receive and distribute items for holiday baskets during November and December.

Contact: Robin Carroll, Volunteer Coordinator

## **Lower-Outer Cape Community Coalition: 508-255-2163**

This is a community-wide coalition committed to improving the quality of life for all citizens living in the Lower/Outer Cape area. It holds monthly meetings on relevant topics pertaining to community needs, provides information to agencies and residents about community services, and serves as the planning body for Lower Cape community services. Volunteers are needed to help with the newsletter.

Contact: Kim Young

# Orleans

**Academy of Performing Arts : 508-255-8704**  
( [www.apa1.org](http://www.apa1.org) )

The Academy of Performing Arts is a nonprofit organization dedicated to "enriching the life of the Cape Cod community through the performing arts." The Playhouse provides year-round performances for the public, and the Academy School serves 600 students in the performing arts of dance, music and drama. The Academy welcomes the assistance of volunteers in many areas: ushering, working backstage on sets, obtaining and working on costumes, fund raising, running concessions, folding programs, doing light office work and gardening. Anyone interested in acting in a production should check the local newspapers for information on auditions.

Contact: Ralph Bassett, Executive Administrator  
Katheryn Heth, Volunteer Coordinator

**Association for the Preservation of Cape Cod : 508-255-4142**  
( [www.apcc.org](http://www.apcc.org) )

The Association for the Preservation of Cape Cod (APCC) was founded to foster policies and programs, which promote the preservation of natural resources on Cape Cod. APCC promotes public awareness through education and opportunities for involvement and provides technical resources and assistance on environmental issues. Volunteers are needed to catalog to help with mailings. APCC would like to broaden volunteer opportunities and would welcome suggestions for doing so.

Contact: Evert Kiefer, PO Box 398, Barnstable, Ma. 02630

**Cape Cod Hospital Auxiliary: 508-862-5259**

The Auxiliary helps raise funds to support Cape Cod Hospital by organizing fashion shows, golf tournaments, bazaars and other events. There is a large and very active branch in Orleans, which produces the biennial Holly Berry Bazaar and is always looking for more volunteers to help with all of their fund-raising endeavors.

Contact: Judy Kennedy, Hospital Director of Volunteers: 508-862-5259

**Cape Cod Lighthouse Charter School: 508-240-2800**  
( [www.lighthouse.chtr.k12.ma.us](http://www.lighthouse.chtr.k12.ma.us) )

The Cape Cod Lighthouse Charter School serves students in grades 6 to 8. Volunteers with particular interests or skills to share often conduct seminars for the students in subjects ranging from astrology to quilting. Volunteers are also needed to assist in classes and in special activities, such as the Renaissance Banquet.

Contact: Marian Lay, Volunteer Coordinator

**Habitat for Humanity :508-775-3559**  
( [www.habitatcapecod.org](http://www.habitatcapecod.org) )

Habitat of Cape Cod is headquartered in West Yarmouth. It is a non-denominational housing ministry that seeks to eliminate poverty housing by making decent housing a matter of conscience and action. Those who need housing and those who want to help, work together to build homes, new relationships, and communities. Monthly meetings for the lower Cape area are held at the 1<sup>st</sup> Wednesday of the month at 7 PM at the Federated Church of Orleans, 162 Main St. Orleans. Skilled as well as trainable volunteers for all phases of building (carpentry, painting, landscaping, etc.) are needed as well as people for fund raising, office work, and food preparation for the sites.

Contact: Lisa Herengrother

**Lower Cape Adult Day Care Center : 508-255-6734**  
( [www.capeandislandscoas.org/eastham.html](http://www.capeandislandscoas.org/eastham.html) )

The Center is located within the Council on Aging facility in Eastham. It provides social day care for adults and is currently serving 14 persons between the ages of 30 and 90. Volunteers are needed to assist with meals and arts and crafts activities, accompany participants on field trips, and provide one-on-one assistance and companionship for program participants.

Contact: Kathy Gill, Program Director

**Nauset Regional High School :508-255-1505**  
( [www.nauseths.com/nrhs.htm](http://www.nauseths.com/nrhs.htm) )

Nauset Regional High School educates the high school students (grades 9 to 12) of the towns of Wellfleet, Eastham, Orleans and Brewster. Volunteers are particularly needed to tutor students one-on-one at the school and to assist in special classroom projects, such as art. Extra hands would also be welcome in the school library.

Contact: Marilyn Dearborn, Secretary: 508-240-5414

**Windmill Weekend Committee: 508-240-0454**

Eastham's Windmill Weekend is a town celebration planned and carded out completely by Eastham volunteers. Planning for the Weekend, which takes place in September on the first weekend after Labor Day, occurs during monthly meetings beginning in February. Eastham residents are encouraged to consider helping out in one (or more) of many areas such as judging sand sculptures, assisting with the parade, helping out with the children's games and contests, obtaining raffle gifts, and organizing and assisting with the hands-on activities that go on throughout the weekend.

Contact: Kathy Gill, Chairman: 508-240-0454

## **Eastham Forum**

The Eastham Forum is a citizens advocacy group focused on assisting in the functions of the town government, with a particular concern for the quality of life of its citizens. Volunteers are needed to monitor town committee meetings, sponsor informational and candidate meetings, organize weekly beach cleanups and plan and maintain flower islands and school plantings.

Note: Interested Eastham Newcomers will enjoy 1 year's free membership.

Contacts: Flower Islands      Vida DeMale: 508-255-5079  
Beach Cleanup      Betty Anne Levy: 508-240-7297  
                                 Gerald Gibson: 508-255-0882

## **[Eastham Historical Society](http://www.easthamhistorical.org) ( [www.easthamhistorical.org](http://www.easthamhistorical.org) )**

The Society maintains the Schoolhouse Museum, the Swift-Daly House, the Ranlett Tool Museum and the Dill Beach Shack. It needs docents for July and August (Monday – Friday; 1-4) and Saturdays in September at all these historical buildings. It also needs help sorting books in preparation for the July book sale, as well as during the sale itself.

Contact: Collie Cook: 508-255-2542

## **[Eastham Library](http://www.easthamlibrary.org) :508-240-5950 ( [www.easthamlibrary.org](http://www.easthamlibrary.org) )**

Volunteers mend and shelve books, type, do data entry and assist with children's programs. They also assist with gardening on the grounds and with book sales.

Contact: Martha Magane

## **[Eastham Town Hall](http://www.eastham-ma.gov) :508-240-5900 ( [www.eastham-ma.gov](http://www.eastham-ma.gov) )**

Volunteers are needed to serve on town committees, commissions and boards.

Contact: Yvonne Martell & Lorraine Speros



## **Cape Cod Children's Place: 508-240-3310**

This is a family resource center, serving towns from Harwich to Provincetown with programs to support and strengthen the well being of children and families. It offers early childhood programs and information on services and resources as well as parenting support. Volunteers are needed to work with toddlers (ages 15 months to 2 years, 9 months) and preschoolers (2 years, 9 months to kindergarten) in either a general capacity or in a specific one, such as music or art. Also needed are people to assist the Friends of Children's Place with fund raising and special events.

Contact: Elizabeth Aldred, Outreach and Grants Coordinator

## **Eastham Chamber of Commerce: 508-240-7211**

( [www.easthamchamber.com](http://www.easthamchamber.com) )

The Chamber represents all of the businesses within the town; its purpose is the promotion of Eastham's economic development. Volunteers are needed to serve on its various committees and to assist in special events, such as the Holiday Festival in December.

Contact: E-mail through the web site: [www.easthamchamber.com](http://www.easthamchamber.com)

## **Eastham Council on Aging: 508-255-6164**

( [www.capeandislandscoas.org/eastham.html](http://www.capeandislandscoas.org/eastham.html) )

The Council on Aging serves all Eastham residents. It provides congregate lunches twice a week, daily classes in a variety of subjects, such as computers, languages, painting, needlepoint and exercise, and programs on various subjects of interest. Volunteers are needed to help with lunches and Meals on Wheel, assist in the classes and programs and to serve as Friendly Visitors. Drivers are needed to drive the medical van both on Cape and to Boston. Also needed are drivers to pick up food and other supplies.

Contact: Bette Klinger

## **Eastham Elementary School :508-255-0808**

( [www.nausetschools.org/eastham/default.htm](http://www.nausetschools.org/eastham/default.htm) )

Volunteers work in the school library cataloging and shelving books and in the office. Other areas, such as the computer lab, need occasional help. Some volunteers also do one-on-one tutoring, as needed.

Contact: Arline Consiglio, Secretary

cash per day plus lunch and travel expenses. They are also eligible for medical and life benefits.

Contact: Joa Frederici, Curator and Director

### **Nickerson State Park: 508-896-3491**

The Friends of Nickerson State Park work with the park administration to raise funds and to work on projects such as a children's playground now under construction and the restoration of an old Civilian Conservation Corps campsite. They sponsor hayrides and other summer programs and also help maintain trails in the park. Volunteers are needed to help with all of these tasks.

Contact: JoAnn Ferris, Friends of Nickerson State Park: 508-896-3481

Jon Peterson, Park Superintendent: 508-896-3491 (for information on the host camper program)

### **Pleasant Bay Nursing and Rehabilitation Center: 508-240-3500**

Emphasis is placed on quality "one on one" volunteer activities, such as the friendly visitor program, and serving as individual escorts for residents during shopping trips and other outings (transportation provided by the Center). Mornings from 9:30-10:30, volunteers assist with coffee socials, serving refreshments and encouraging conversation. Help is also needed with putting together the monthly calendar, mail delivery and decorations.

Contact: Cathy Tarr, Activities Director, extension 1112

### **Stony Brook Elementary School: 508-896-4545**

( [www.nausetschools.org/brewster/stony.html](http://www.nausetschools.org/brewster/stony.html) )

Volunteers read to students and listen to students read aloud; their help is also needed in the library checking books, cataloging, shelving, etc.

Contact: Carolee Rusielwicz or Annette Fontaine (Librarian)

### **Wild Care: 508-896-5273**

( [www.capecodpet.net/wildcare](http://www.capecodpet.net/wildcare) )

Wild Care accepts orphaned, injured, and sick wildlife with the intent to prepare these animals to be returned to the wild. Volunteers must be over 18 years of age. Some volunteer jobs in the clinic, such as cleaning cages, require physical stamina. In addition, volunteers are needed to assist as educators, grant writers, and in publishing a newsletter. People with computer skills and those interested in doing other office tasks are also needed.

Contact: Lea Lamed

Call to obtain information on volunteering to serve on any town committee, commission or board.

Contact: Meg Maguire, Town Administrator's Office, extension 134

**[Cape Cod Museum of Natural History: 508-896-3867](#)**  
( [www.ccmnh.org](http://www.ccmnh.org) )

The Museum's two floors of interactive exhibits and three nature trails spanning 85 acres display the beauty of Cape Cod. Volunteers help with admissions, the gift store, the library and the telephone center. Training is also provided to volunteers interested in serving as guides for field walks and as docents in the museum.

Contact: Fred Dunford, Volunteer Coordinator, extension 125

**[Cape Rep Theatre: 508-896-1888](#)**  
( [www.caperp.org](http://www.caperp.org) )

Volunteers fill many roles, from staffing the box office, ushering, telephoning, doing mailings, manning information tables and conducting fund raising to providing hospitality, painting sets and sewing costumes.

Contacts: Volunteer coordinator: Posy Cameron 508-240-6604

**[Crosby Mansion, Inc., Friends of : 508-896-7588](#)**

The Crosby Mansion is a 35-room mansion on state-owned land; it is being restored and maintained by the Friends, an independent, non-profit organization. It is open to the public between April and November. It is also available for weddings, auctions and holiday fund raisers. Volunteers are needed to help with the ongoing restoration project (painting, carpentry and wallpapering) and to help clean and ready the Mansion for the six Open Houses held each year. Docents are also needed and will be trained to conduct tours and assist with slide presentations.

Contact: Virginia Locke: 508-896-7588

**[Eddy Elementary School: 508-896-4531](#)**  
( [www.nausetschools.org/brewster/eddy.html](http://www.nausetschools.org/brewster/eddy.html) )

Volunteers assist in the kindergarten in a variety of ways; they also work in the school library, read to students, and assist teachers with special projects. Twice a month, they help students at lunch on "Taco Day."

Contact: Paul Bradstreet, Principal

**[New England Fire and History Museum: 508-896-5711](#)**

Volunteers are needed from Memorial Day through Labor Day to guide visitors through the museum, collect tickets, and to staff the gift shop. [\\*Senior Volunteer Program](#) – Volunteers over the age of 55 participating in the Senior Volunteer Program (week-days 10-4) receive \$10.00

under the Friendly Visitor Program, staff the Thrift Shop, help with the congregate dining program at the center, deliver Meals on Wheels, conduct fund raising activities and help publish the newsletter.

Contact: Jean Sears

**[Brewster Historical Society Museum](http://www.museumsusa.org/data/museums/MA/92016.htm)**  
( [www.museumsusa.org/data/museums/MA/92016.htm](http://www.museumsusa.org/data/museums/MA/92016.htm) )

The Society maintains the Museum, which is located on Route 6A in East Brewster, as well as the Higgins Farm Windmill and the Harris Black House, also on 6A abutting the Drummer Boy property. They are all open June and September for weekends only and Tuesday through Friday during July and August. Volunteers greet visitors and answer questions at all three locations. Although the mill is not in working condition at this time, volunteers are needed to explain how it was once used to grind corn.

Questions: 508-896-9521

**[Brewster Ladies Library: 508-896-3913](http://www.gis.net/~brewlib/)**  
( [www.gis.net/~brewlib/](http://www.gis.net/~brewlib/) )

The Library is Brewster's free public library, owned and operated by the Brewster Ladies' Library Association; the Town of Brewster funds the day-to-day operating expenses. Volunteers staff the information desk, shelve books, prepare mailings and mend and cover books. They also sort books for book sales, make crafts for the boutique and do outdoor landscaping chores. Prospective volunteers are encouraged to fill out an application at the Library.

Contact: Chris Lord

**[EPOCH Senior Health Care, Brewster: 508-896-7046](http://www.epochsl.com)**  
( [www.epochsl.com](http://www.epochsl.com) )

Volunteer assistance is always appreciated for mail delivery, reading one-on-one or to a group and visiting individual rooms with the "necessity cart". Three times a month, special evening meals are planned and extra help is needed to serve and clean up. Drivers are also needed to take residents bowling.

Contact: Phillip Matthews, Activities Director

**[Brewster Tourist Information Center: 508-896-3500](http://www.town.brewster.ma.us)**

Volunteers are needed to answer requests for information at the Brewster Tourist Information Center.

Contact: Jan Moore

**[Brewster Town Hall: 508-896-3701](http://www.town.brewster.ma.us)**  
( [www.town.brewster.ma.us](http://www.town.brewster.ma.us) )



# Volunteer Opportunities

## You Can Make a Difference Volunteer Opportunities for Nauset Newcomers on Cape Cod

Moving to Cape Cod and settling into a new life is exciting. Whether you are retired or just changing your location, it is a time to start over, make new friends and perhaps pursue some new interest. It is also a time of great opportunity, not only for self-exploration but also for getting involved in the community and helping others.

Cape Cod has a number of organizations that rely on volunteers to help them do their jobs. Because it can be difficult to determine the specific needs of these groups, Nauset Newcomers decided to put together the following information identifying the various organizations and their volunteer opportunities. We have focused on the four towns that our group serves .. Brewster, Eastham, Orleans, Wellfleet .. but have also included some larger organizations with headquarters on the Cape and satellite offices in various towns.

We hope this information helps you to decide where you would like to donate your services and time. Time spent helping others is always time well spent.

The organizations are listed alphabetically by town .. [Brewster](#), [Eastham](#), [Orleans](#), [Wellfleet](#) and [Others](#).

## Brewster

### **Animal Rescue League: 508-255-1030**

Volunteers are needed to help bathe the animals and to clean kennels. Anyone interested in helping is encouraged to call and arrange to come in and fill out an application.

Contact: No specific contact person

**[Brewster Council on Aging: 508-896-2737](#)**  
( [www.town.brewster.ma.us/dept/coa.html](http://www.town.brewster.ma.us/dept/coa.html) )

The Council on Aging provides programs that meet the needs of Brewster's senior citizens, such as transportation, nutrition, socialization, recreation, and companionship. Volunteers are needed to transport seniors, using the C.O.A. minivan or their personal vehicles, visit seniors living alone